

EVENT SCHEDULE

SATURDAY 14 JANUARY

7 - 10am

Late Registration (online only)

8:45am	Briefing	10k & 7.5k	(M/F)
9:00am	Start	10k	Male
9:05am	Start	10k	Female
9:08am	Start	7.5k	Male
9:10am	Start	7.5k	Female
8:08am	Start	10k & 7.5k	Group 5
8:10am	Start	10k & 7.5k	Group 6
8:12am	Start	10k & 7.5k	Group 7

Afternoon

12:45pm	Briefing	2.5k	(M/F)
1:00pm	Start	2.5K	Male
1:03pm	Start	2.5K	Female

3:00pm Victory Ceremony

SUNDAY 15 JANUARY

7 - 11am

Late Registration (online only)

8:15am	Briefing	5k	(M/F)
8:30am	Start	5k	Male
8:35am	Start	5k	Male
11:15am	Briefing	Club Relay	(Mixed)
11:30am	Start	Club Relay	(Open Mixed)
11:35am	Start	Club Relay	(U16 Mixed)

1:00pm Victory Ceremony